



## Happy Easter

Easter is a Christian festival which celebrates the resurrection of Jesus Christ. The holiday falls on April 21 this year and will be celebrated all across the globe. According to the New Testament of the Bible, Easter occurs three days after the crucifixion of Jesus by Romans.

Since its origins, Easter has been a time of celebration and feasting and many traditional Easter games and customs developed, such as egg rolling, egg tapping, pace egging, cascarones or confetti eggs, and egg decorating.





**Special Olympics**



Every year, Special Olympics holds tens of thousands of events around the world. Each competition is a joyous movement of athletes and others coming together to change the world, and it'll change your life to be a part of it!

**There are many ways to help the Special Olympics community — on and off the field. See how you can play a role:**

Our community doesn't just help those with ID hit the field — we join them by playing unified.

**[Become an athlete yourself, or help get an athlete with ID involved.](#)**

## Poison Control/Safety

Poisoning is a serious issue in the United States, especially for young children. Every 13 seconds, a poison control center receives a phone call reporting exposure to toxic chemicals or substances, and more than 90 percent of these occurrences happen at home, according to the Centers for Disease Control and Prevention (CDC). The CDC reports that more than 300 children in the United States are treated in emergency rooms for poisoning every day.



The infographic features a central white skull on a red background. Text around the skull states: "Every 13 seconds, a poison control center receives a phone call reporting exposure to toxic chemicals or substances". Below the skull, it provides the "Poison Help Hotline" as (800) 222-1222, TTY: (888) 244-5313, and "Call 9-1-1 for an emergency".

**Potentially Toxic** (skull icon)  
**Household Products**

- Nail Polish
- House Paint
- Perfume
- Bleach
- Detergent
- Medication

**Poison Prevention Tips**

- Buy child-resistant packaging
- Follow directions on medicine packages
- Keep hazardous materials out of reach of children
- Place carbon monoxide detectors in your home
- Use safer alternatives for hazardous household products
- Check your home for lead paint

Sources: Centers for Disease Control and Prevention (CDC), Department of Public Health (DPH)

Mass.gov

### Why it's important

- More than 90 percent of poisonings occur in the home.
- Anyone can be poisoned; it doesn't matter a person's age, race, ethnicity or career.
- Poisoning is the No. 1 cause of injury related death in the U.S.
- The majority of poisonings happen to kids younger than 5 years old.



## What you should know

Did you know that injuries are a leading cause of death in children? Each year, 5,000 kids die and another 6 million are hurt as a result of unintentional injuries. One in 4 children is hurt seriously enough to need medical attention. Most childhood injuries occur at home, and many of these injuries, including poisoning, could be prevented.

## Facts about poisoning

- More than 1 million accidental poisonings per year occur in children younger than 6 years old.
- Approximately 1 in 10 poisonings involves cleaning products.
- Approximately 1 in 10 poisonings involves indoor and outdoor plants.
- Approximately 1 in 20 poisonings are caused by cosmetic and personal-care products.

## Tips to prevent poisoning

- Review the poison prevention home checklist from the [Minnesota Regional Poison Center](#).
- Keep all potential poisons up high and out of the reach of children — preferably in a locked storage container. Set up safe storage areas for medications, household cleaners, and chemicals like antifreeze.
- Keep medications and vitamins out of the reach of children. Never call medicine “candy.”
- Keep foods and household products separated.
- Teach family and kids to never put anything in their mouths unless they know it’s safe to ingest.
- Keep products in original containers. Do not use food storage containers to store poisonous substances (i.e. plant food in a drink bottle).
- Destroy old medications.
- Identify all household plants to determine if poisonous.
- Post the Poison Control Center phone number, 1-800-222-1222, near each phone in the home.

## What do you do if you suspect someone has been poisoned?

- Swallowed poison: Remove anything remaining in the mouth. If a person is able to swallow, give about 2 ounces of water to drink.

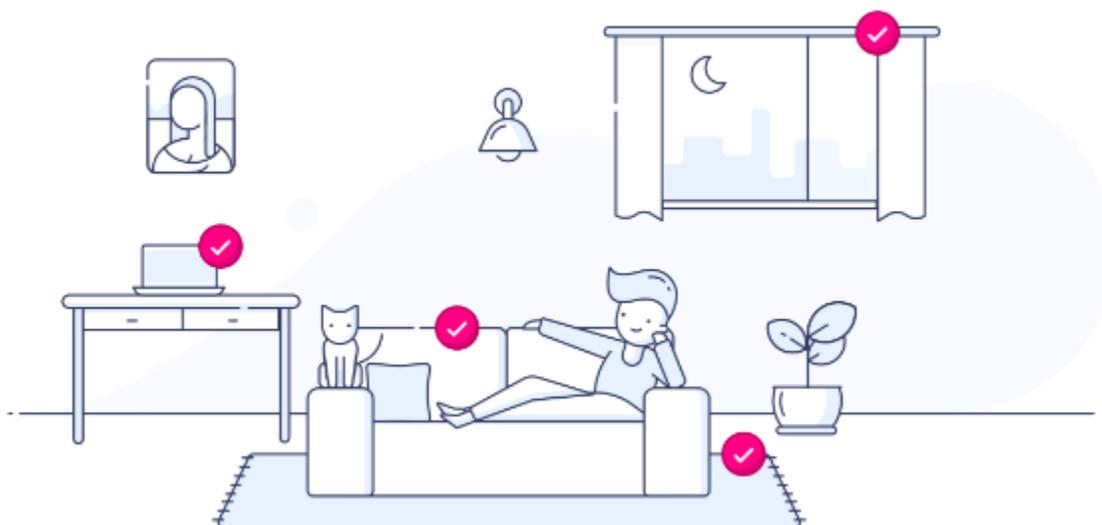
- Poison in the eye: Gently flush the eye for 10 minutes using medium-warm water.
- Poison on the skin: Remove any contaminated clothing and rinse skin with large amounts of water for 10 minutes.
- Inhaled poison: Get fresh air as soon as possible.
- Call the Poison Control Center, [1-800-222-1222](tel:1-800-222-1222), immediately.

## Home Safety

# 5 WAYS TO MAKE YOUR HOME SAFER NOW!

<b>1. TEST YOUR SMOKE ALARM</b> 	<b>2. CHECK YOUR FIRST AID KIT</b> 
<b>3. REMOVE OBSTRUCTIONS ON FLOORS</b> 	<b>4. LOCK AWAY MEDICATION &amp; HARMFUL CHEMICALS</b> 
<b>5. MAKE A FIRE ACTION PLAN &amp; ESCAPE PLAN</b> 	<b>WHY NOT PRINT OFF AND KEEP THIS HANDY GUIDE?</b>

## Right to personal possessions



Everything that is the subject of ownership that does not come under the denomination of real property; any right or interest that an individual has in movable things.

Personal property is property that is movable. In common law systems, personal property may also be called chattels or personality. In civil law systems, personal property is often called movable property or movables – any property that can be moved from one location to another

For example, you might have a favorite quilt, cushion, or books. You might have pictures of your children or grandchildren, or other important pictures. You might also have your own furniture, computer, or television. Talk to the staff about what you would like to have in your room.

# Easter Word Search

E A T R C H O C O L A T E G H  
 G J G E G E A S T E R J E B N  
 S G E S A T L H H O D A Y S U  
 T F A L N G D E C O R A T E D  
 R L E R L A D A B I P O Y S C  
 G O G G R Y A C A R R O T E H  
 D W E S G I B B U N A N Y S I  
 U E P A R A D E J E L T S P C  
 C R J L A I N S A H O L I Y K  
 K S G E S J R S U N D A Y O A  
 L C A R S T A S B A S K E T N  
 I K S H J H B U N N Y E G S I  
 N G S A U I B L A T I P G S N  
 G I N J E N I J E L S O N G G  
 S P R I N G T U L I P A G D S



BASKET  
 BUNNY  
 CARROT  
 CELEBRATION  
 CHICK  
 CHOCOLATE  
 DECORATED

DUCKLINGS  
 EASTER  
 EGGS  
 FLOWERS  
 GRASS  
 HOP  
 HUNT

JELLYBEANS  
 PARADE  
 RABBIT  
 SPRING  
 SUNDAY  
 TULIP

